

*For the treatment of PAH (WHO Group 1)
to improve exercise ability*

TYVASO TREATMENT TRACKER

*Your personal diary for keeping track of
your treatment sessions*



Please see pages 14-15 for Important Safety Information.

TYVASO[®]
(treprostinil) **INHALATION
SOLUTION**

STARTED

Getting started with TYVASO

Your doctor has prescribed TYVASO for the treatment of your pulmonary arterial hypertension (PAH). PAH is high blood pressure in the arteries of your lungs, which may lead to symptoms such as feeling tired or weak.

- Treatment with TYVASO may improve your exercise ability

Indication

TYVASO is a prescription medicine used in adults to treat pulmonary arterial hypertension (PAH) (WHO Group 1), which is high blood pressure in the arteries of your lungs. TYVASO can improve exercise ability in people who also take bosentan (an endothelin receptor antagonist) or sildenafil (a phosphodiesterase-5 inhibitor).

The effects decrease over 4 hours; treatment timing can be adjusted for planned activities.

Studies establishing effectiveness included predominately patients with NYHA Functional Class III symptoms and etiologies of idiopathic or heritable PAH (56%) or PAH associated with connective tissue diseases (33%).

Selected Important Safety Information

- TYVASO is breathed in (inhaled) through your mouth into your lungs. TYVASO should only be used with the TYVASO Inhalation System

2 Please see pages 14-15 for Important Safety Information.

NYHA=New York Heart Association
WHO=World Health Organization

Keeping track of your treatment sessions

The *TYVASO Treatment Tracker* is your personal diary for keeping track of the number of breaths you're taking during your treatment sessions (4 times a day). It is small in size, so it fits inside the carrying case for the TYVASO Inhalation System. Be sure to bring your treatment tracker with you to your medical appointments; your doctor may want to review it with you.

Your TYVASO Treatment Tracker includes:

Four weeks of daily calendars

The daily calendars are a place to record your treatment sessions as you go. They are grouped by week and provide enough entries for 1 month of treatment. Each month you will receive a new treatment tracker from your specialty pharmacy provider with your TYVASO prescription refill.

Notes

There is space on each week's page for you to record your notes and any questions you may have about your treatment. There is also space on page 15 for you to organize questions for your doctor as well as the dates and times of your appointments.

Important reminder

Please read the Instructions for Use manual for details on how to properly take TYVASO using the TYVASO Inhalation System.

How to take TYVASO

You will inhale TYVASO in 4 treatment sessions each day

- Each treatment session should take about 2 to 3 minutes
- Sessions should take place during waking hours about 4 hours apart and can be adjusted for planned activities
—For example, you may take TYVASO before breakfast, lunch, dinner, and at bedtime

During each treatment session, you will inhale a series of breaths.

- The **starting dose** is 3 breaths per treatment session, while the eventual **target dose** is 9 breaths per treatment session
—If you cannot tolerate the starting or target dose, your doctor may reduce your dose
- Three breaths of TYVASO is referred to as a “cycle”
- Take TYVASO exactly as prescribed by your doctor

How to use your TYVASO Treatment Tracker

During each treatment session, use your treatment tracker to keep track of the number of breaths you have taken by checking 1 circle for each breath. For example, if your doctor prescribes 3 breaths (1 cycle) of TYVASO per treatment session, you will check all of the circles in cycle 1. Make sure to record your breaths after each cycle. Remember, 3 breaths equals 1 cycle in your treatment tracker. Also record the times of your treatment sessions, which should be about 4 hours apart and can be adjusted for planned activities.

TYVASO Treatment Tracker—sample daily calendar

Sunday I'm taking 3 breaths per treatment session.

	CYCLE 1			CYCLE 2			CYCLE 3		
DATE: <u>9/4/2011</u>	1	2	3	4	5	6	7	8	9
1 TIME: <u>8:15 am</u>	✓	✓	✓	○	○	○	○	○	○
2 TIME: <u>12:08 pm</u>	✓	✓	✓	○	○	○	○	○	○
3 TIME: <u>4:00 pm</u>	✓	✓	✓	○	○	○	○	○	○
4 TIME: <u>8:10 pm</u>	✓	✓	✓	○	○	○	○	○	○

TREATMENT

Remember: Check one circle ✓ for each breath of TYVASO® (treprostinil) Inhalation Solution you take. 3 breaths=1 cycle

Monday

I'm taking ____ breaths per treatment session.

DATE: ____ / ____ / ____

1 TIME: _____

2 TIME: _____

3 TIME: _____

4 TIME: _____

CYCLE 1 CYCLE 2 CYCLE 3

1 2 3 4 5 6 7 8 9

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Tuesday

I'm taking ____ breaths per treatment session.

DATE: ____ / ____ / ____

1 TIME: _____

2 TIME: _____

3 TIME: _____

4 TIME: _____

CYCLE 1 CYCLE 2 CYCLE 3

1 2 3 4 5 6 7 8 9

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Friday

I'm taking ____ breaths per treatment session.

DATE: ____ / ____ / ____

1 TIME: _____

2 TIME: _____

3 TIME: _____

4 TIME: _____

CYCLE 1 CYCLE 2 CYCLE 3

1 2 3 4 5 6 7 8 9

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6 Please see pages 14-15 for Important Safety Information.

Wednesday

I'm taking ____ breaths per treatment session.

DATE: / /

1 TIME:

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Thursday

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DATE: / /

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Notes:



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Notes:



Important Safety Information

- TYVASO is breathed in (inhaled) through your mouth into your lungs. TYVASO should only be used with the TYVASO Inhalation System
- The effects of TYVASO are unknown in patients with lung disease (such as asthma or chronic obstructive pulmonary disease) and in patients under 18 years of age
- If you have low blood pressure, TYVASO may cause symptomatic hypotension (low blood pressure)
- Because TYVASO reduces the ability of your blood to clot (coagulate), it may increase your risk for bleeding if you are taking blood thinners (anticoagulants), such as warfarin or heparin
- The use of TYVASO with diuretics (water pills), antihypertensives (medications used to treat high blood pressure or heart disease), or other vasodilators (medications that lower blood pressure) may increase your risk for hypotension (low blood pressure)

Other medical conditions and medicines may affect your use of TYVASO by increasing the risk of side effects or decreasing effectiveness. It is important to tell your doctor about your medical conditions and any medicines you may be taking, including:

- If you are taking gemfibrozil (for high cholesterol) or rifampin (for infection), your TYVASO dosage may need adjustment
- If you have liver or kidney problems, your ability to tolerate TYVASO may be affected

Important Safety Information, continued

- If you are pregnant, breast-feeding, or planning to become pregnant, talk with your healthcare provider about whether you should take TYVASO

The most common side effects of TYVASO are coughing, headache, throat irritation and pain, nausea, reddening of the face and neck (flushing), and fainting or loss of consciousness. These are not all the possible side effects of TYVASO. Tell your doctor about any side effects that bother you or do not go away. Your doctor may be able to help you manage the side effects.

For more information, please see accompanying Full Prescribing Information, Patient Package Insert, and the TYVASO Inhalation System Instructions for Use manual. For additional information about TYVASO, visit www.tyvaso.com, or call 1-877-864-8437.

Medical Appointments

Date: _____ Time: _____ Dr: _____

Questions for your doctor: _____

Date: _____ Time: _____ Dr: _____

Questions for your doctor: _____

TYVASO
(treprostinil) INHALATION
SOLUTION 

TREATMENT

For the treatment of PAH (WHO Group 1) to improve exercise ability



TYVASO Treatment Tracker

A tool that helps you:

- Keep track of your breaths during treatment sessions
- Record any questions you may have about your treatment with TYVASO
- Organize your medical appointments

Please see pages 14-15 for Important Safety Information.

For more information, please visit www.tyvaso.com

