

# TYVASO DPI TITRATION GUIDE

Getting started and reaching  
your target maintenance dose

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TYVASO DPI™ (treprostinil) is a small, portable inhaler that uses prefilled cartridges and features a simple-to-use design.

Use this guide to learn about taking TYVASO DPI, the titration process, and why reaching your target maintenance dose is important.

DPI=dry powder inhaler.

**TYVASO DPI™**  
*(treprostinil)* INHALATION  
POWDER

# TYVASO DPI can go wherever your day takes you

## Compact and easy to bring with you

TYVASO DPI (treprostinil) Inhalation Powder quickly delivers medicine to the site of disease, where it's needed. This portable inhaler allows for dosing at home or on the go.

TYVASO DPI comes with prefilled, single-dose cartridges and does not require cleaning or charging.

- Plan for treatment sessions **4x daily** (approximately every **4 waking hours**)
- Doses are taken in **1 breath** per cartridge
- Replace your inhaler every **7 days**

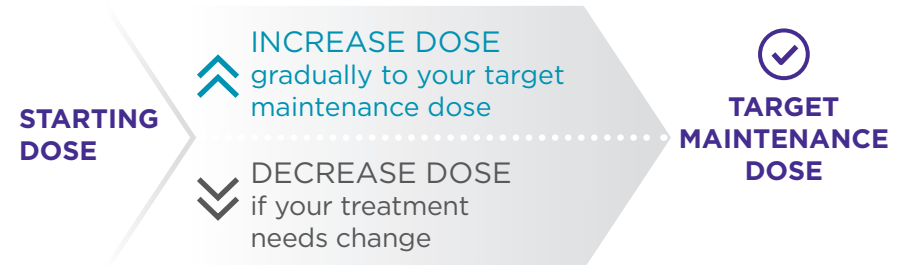


You can find details about using TYVASO DPI in the **Instructions for Use manual** at [www.TYVASO.com/instructions](http://www.TYVASO.com/instructions).

# What is titration?

## Reaching your target maintenance dose

- When starting TYVASO DPI, you may begin with a titration phase. During this time, your doctor will work with you to develop a plan to gradually increase your dose until you reach your target maintenance dose
- Depending on how you respond to treatment, your doctor may also lower your dose at times during the titration phase



Turn to the next page for more information about titrating TYVASO DPI.

## Why is it important to reach your target maintenance dose?

Your target maintenance dose will help you get the full benefit of your medicine. Through the titration process, you'll still take your prescribed dose 4x daily, as directed by your doctor.

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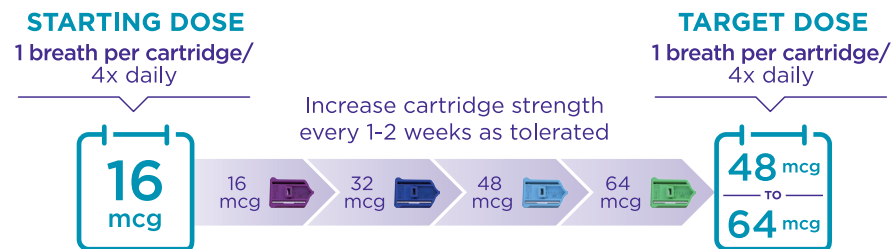
# How to titrate TYVASO DPI

# Which cartridge should you use?

## Adjusting your dose

Your doctor will work with you to increase your dose until you reach your target maintenance dose. If you experience side effects, reach out to your nurse or doctor. Do not stop taking TYVASO DPI without talking to your healthcare provider.

Most people start with the **16 mcg cartridge, 4x daily**, and **increase** the cartridge strength every **1-2 weeks** until they reach their target maintenance dose.



**Reaching your target maintenance dose allows you to get the full benefit of your medicine.**

## Titration kits are available

There are titration kits available for TYVASO DPI that can help make the process of starting and titrating your treatment easier. Each kit contains a carrying case, and a number of inhalers and medicine cartridges that are tailored to your current stage of treatment, including an extra inhaler in case it is needed.



## Use the right cartridge for your prescribed dose

### Cartridge colors

Cartridges are color-coded based on their specific doses.



### Single-cartridge dosing

For most doses, you will need just 1 cartridge. For example, if you're prescribed 16 mcg for each session, you may use:



### Multiple-cartridge dosing

If you're prescribed a dose higher than 64 mcg, you may need 2 cartridges. For example, if prescribed 80 mcg, you may use:



**Always take your medicine as prescribed. If you are unsure about your dose, check with your healthcare provider.**

**TYVASO DPI**  
(treprostinil) INHALATION POWDER

# You may have side effects...

# Your support team is here to help

## Don't let side effects stop you from getting the benefits of your medicine.

It's important to talk to your healthcare provider and continue taking TYVASO DPI unless told to stop. Be sure to contact your nurse about things you can do to help manage side effects while continuing treatment, such as:

### COUGH/THROAT IRRITATION

- ✓ Review proper technique
- ✓ Before treatment, drink very cold or very warm water
- ✓ If needed, use a throat spray to numb your throat before treatment
- ✓ Talk to your healthcare provider to see if slowing the pace at which you increase your dose could help

### NAUSEA

- ✓ Rinse your mouth with water after treatment
- ✓ Talk to your healthcare provider to see if slowing the pace at which you increase your dose could help

### HEADACHE

- ✓ Use an over-the-counter pain reliever, like acetaminophen; talk to your healthcare provider to see if slowing the pace at which you increase your dose could help

These tips may help you manage common side effects with TYVASO DPI, based on healthcare provider experience. They are not intended as medical advice.



Your medicine will be shipped directly to you in a kit that contains all you need to start and continue with TYVASO DPI.

TYVASO DPI is available only through Specialty Pharmacies, which focus on providing you with in-home training and 24-hour support.

Here's how to contact them:

 Accredo Health Group, Inc. an Express Scripts company	PHONE: 1-866-344-4874 FAX: 1-800-711-3526 <a href="http://www.accredo.com">www.accredo.com</a>
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	PHONE: 1-877-242-2738 FAX: 1-877-943-1000 <a href="http://www.cvsspecialty.com">www.cvsspecialty.com</a>
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Learn more about TYVASO DPI at  
[www.LearnAboutTYVASODPI.com](http://www.LearnAboutTYVASODPI.com).

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